

# Yoga Course in The City of Odense

October 5th - 6th 2018

Senior Iyengar® Yoga Teacher  
Lin Craddock



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I'm so glad to invite you to this autumn course with Lin Craddock from Maidstone England. Lin has been studying and practicing Iyengar® Yoga for over 30 years. She is very dedicated and good at teaching, and at the same time a very nice person. Over the years Lin has been continuing her studies in Iyengar® Yoga making regular trips to India.

This course is for students with a minimum of 6 month of Iyengar® yoga experience. The class is taught in English, but there will be other students around, if you need a word translated.

The schedule is: Friday 5<sup>th</sup> Oct 6:00 – 8:00 pm and Saturday 6<sup>th</sup> Oct 10:00-12:00 am and 1:30 – 4:30 pm.

Vegetarian lunch is included Saturday.

The address is: AOF, Hunderupvej 103, 5230 Odense M

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**Price DKR 1000,00**

Registration to Mette Merlin Husted – [mettehusted@outlook.com](mailto:mettehusted@outlook.com)

Payment to Sydbank 7051 1054762 – (payment 2 weeks before the course is non-refundable)