

Yoga Course in The City of Odense

October 5th - 6th 2018

Senior Intermediate III Iyengar® Yoga Teacher
Lin Craddock



I'm so glad to invite you to this autumn course with Lin Craddock from Maidstone England. Lin has been studying and practicing Iyengar® Yoga for over 30 years. She is very dedicated and good at teaching, and at the same time a very nice person. Over the years Lin has been continuing her studies in Iyengar® Yoga making regular trips to India.

This course is for students with a minimum of 6 month of Iyengar® yoga experience. The class is taught in English, but there will be other students around, if you need a word translated.

The schedule is: Friday 5th Oct 6:00 – 8:00 pm and Saturday 6th Oct 10:00am-1:00pm and 2:30 – 4:30 pm.

Vegan lunch is included Saturday.

The address is: AOF, Hunderupvej 103, 5230 Odense M

Price DKR 1000,00

Registration to Mette Merlin Husted – mettehusted@outlook.com

Payment to Sydbank 7051 1054762 – (payment 2 weeks before the course is non-refundable)